

ADAM SAQER MUSTAFA SQOUR

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PROFESSIONAL SUMMARY

Clinically versatile and academically engaged psychiatrist with over 8 years of experience across inpatient, outpatient, and community mental health settings. I am board-certified in psychiatry by the Jordan Medical Council and have completed a two-year CESR Fellowship in General Adult Psychiatry at NHS Grampian, Scotland. In this role, I provided advanced psychiatric care, held RMO status, conducted MHA assessments, and supervised junior doctors.

My academic journey includes serving as a lecturer at Yarmouk University – Faculty of Medicine, where I trained medical students in core psychiatric skills, developed curricula, and conducted OSCE assessments. I am deeply committed to integrating psychotherapy into clinical practice, with training in cognitive-behavioural therapy (CBT) and interpersonal psychotherapy (IPT).

Equally passionate about clinical leadership, teaching, and team development, I have received consistent positive feedback for my collaborative style and effectiveness in multidisciplinary settings. My approach combines evidence-based care, cultural sensitivity, and continuous professional development to deliver high-quality psychiatric services.

Key areas of focus: General Adult Psychiatry, Psychotherapy Integration, Medical Education, Clinical Leadership, and Quality Improvement.



EDUCATION AND CERTIFICATIONS

Jordanian Board Certificate - Psychiatry

| Jordan Medical Council, Jordan

09/09/2021

Higher Specialty Certificate in Medicine / Psychiatry

| Jordan University of Science and Technology, Jordan

28/06/2021

Bachelor Degree in Medicine And Surgery

| Jordan University of Science and Technology, Jordan

01/06/2015



PROFESSIONAL EXPERIENCE

CESR Fellow - General Adult Psychiatry

| NHS Grampian, Royal Cornhill Hospital, UK

04/2023 – 04/2025

- Delivered comprehensive psychiatric care across inpatient wards and Community Mental Health Team (CMHT) settings.
- Conducted senior reviews, Mental Health Act (MHA) assessments, and held Responsible Medical Officer (RMO) status.
- Supervised and mentored junior doctors and medical students.
- Actively involved in Interpersonal Psychotherapy supervision and training.
- Led and participated in QI projects enhancing communication between inpatient and outpatient teams.
- Received outstanding MSF and patient feedback, including letters of commendation.

Lecturer | Yarmouk University - Faculty of Medicine, Jordan

11/2021 – 00/2023

- Evaluated and revised *lesson plans* and *course content* to achieve student-centred learning.
- Used variety of *learning modalities* and support materials to facilitate learning process and accentuate presentations.
- *Trained and assessed students* to develop effective *clinical skills*, e.g., history taking, mental state exam, and interviewing skills.

Acting Consultant Psychiatrist | Wanafs Clinic, Jordan

07/2021 – 03/2023

- Created and led a new mental health *multidisciplinary team*.
- Trained junior team members for psychiatric interview skills and many psychotherapeutic techniques.
- Prescribed, directed and administered *psychotherapeutic treatments* and *medications* to treat various mental, behavioural and emotional disorders.

Psychiatrist | Private Sector – Various Clinics

07/2021 – 06/2022

- Prescribed, directed, and administered *psychotherapeutic treatments* and *medications* to treat various mental, behavioural and emotional disorders.

Psychiatry Resident | King Abdullah University Hospital (KAUH), Jordan

07/2016 – 06/2021

- *Evaluated* and analysed patients' data and tests and examined findings to *diagnose* the nature and extent of mental disorders.
- Prescribed, directed and administered *psychotherapeutic treatments and medications* to treat various mental, behavioural and emotional disorders.
- Administered and supervised administration of ECT.
- *Counselled* outpatients and other patients during office visits and designed *individualized care plans*.
- Contributed to *team success* by completing jobs quickly and accurately.
- *Instructed and trained* junior team members on protocols and procedures of each task to maximize *team efficiency*.
- Served as *chief resident* during the COVID-19 pandemic.

Intern | King Abdullah University Hospital (KAUH), Jordan

07/2015 – 06/2016

- Completed *daily rounds* to check on patients and identify any reasons for concern.
- Wrote detailed and professional *progress notes* for each patient, outlining notable events and *examinations findings*.
- Collected *labs and test results* on patients.



COURSES AND PROGRAMS

Planning and Conducting a Systematic review

| Edinburgh Clinical Research Facility, UK

2024

FDA Trainer Workshop

| NHS Education for Scotland, UK

2023

Approved Medical Practitioner (AMP) training Part 1+2

| NHS Education for Scotland, UK

2023

Practicing Academic Work in Universities and University Colleges

| Accreditation and Quality Assurance Center at Yarmouk University, Jordan

2021

Virtual Clinical Observership Programme

| Royal Cornhill Hospital – NHS Grampian, UK

2021

COVID-19 And Mental Health: Caring For The Public

| American Psychiatric Association, USA

2020

Telepsychiatry in The Era of COVID-19

| American Psychiatric Association, USA

2020

Essentials of CBT: The Beck Approach

| Beck Institute for Cognitive Behavior Therapy , USA

2020

CBT for Depression

| Beck Institute for Cognitive Behavior Therapy, USA

2020

CBT for Anxiety

| Beck Institute for Cognitive Behavior Therapy, USA

2020

CBT for personality disorders

| Beck Institute for Cognitive Behavior Therapy, USA

2020



SKILLS

- **Clinical Expertise**
 - Comprehensive assessment and management of adult psychiatric disorders in inpatient, outpatient, and community settings
 - Mental Health Act (MHA) assessments and legal frameworks (UK experience)
 - Risk assessment, crisis intervention, and safety planning
 - Psychopharmacology and physical health integration in psychiatric care
- **Psychotherapy & Communication**
 - Proficient in Cognitive Behavioural Therapy (CBT), including CBT for depression, anxiety, and personality disorders
 - Supervised practice in Interpersonal Psychotherapy (IPT)
 - Skilled in motivational interviewing and psychoeducation
 - Culturally sensitive therapeutic communication across diverse populations
- **Teaching & Supervision**
 - Clinical teaching of medical students and psychiatry residents (Jordan and UK)
 - OSCE preparation, simulation-based training, and bedside teaching
 - Supervisor and mentor for trainees and junior doctors
 - Public speaking and medical education curriculum development
- **Leadership & Collaboration**
 - Experienced in leading multidisciplinary mental health teams
 - Recognized for approachability, reliability, and teamwork in MSF feedback
 - Quality improvement participation (e.g., communication protocols between services)
 - Emotional intelligence and leadership development training
- **Professional Development & Digital Competence**
 - Training in conducting and appraising systematic reviews (PRISMA-guided)
 - Active participant in journal clubs and case conferences
 - Competent with electronic health records and telepsychiatry platforms