**Curriculum vitae**

*Name:* Nesreen Abdullah Saadeh

*Date of birth:* 27/4/1978

*Nationality:* Jordanian

*Work Address:* King Abdullah University Hospital

Jordan University of Science and Technology  
P.O.Box 3030, Irbid 22110, Jordan

*Email:* [nasaadeh@just.edu.jo](mailto:nasaadeh@just.edu.jo)

**Education:**

* 05/2008- 06/2010: Wayne State University, Detroit MI

Endocrinology fellow

* 07 / 2002 – 06 / 2006: Jordan University of Science and Technology, Jordan

Higher Specialty Degree in Internal Medicine.

* 09 / 1995 – 06 / 2001: Jordan University of Science and Technology, Jordan

Bachelor's degree in medicine and surgery.

* 09 / 1992 – 06 / 1995: Al-Yarmouk University Model School, Jordan

General Secondary Education Certificate.

**Work experience:**

* 09/2012- to date: Associate Professor, Internal Medicine Department, Jordan University of Science and Technology. Endocrinologist at King Abdullah University Hospital.
* 09/2011- 09/2012: full time lecturer, Internal Medicine Department, Jordan University of Science and Technology.
* 05/2008-06/2010: Clinical fellow at Wayne State University/ Division of Endocrinology.
* 07 / 2002 – 06 / 2006: Resident / internal medicine department.

King Abdullah University Hospital, Jordan

* 07 / 2001 – 06 / 2002: Princess Basma Teaching Hospital, Jordan

Internship year

**Research Experience**

* 03 /2007 – 12/2007: Research assistant at Cancer research center of Ohio State University, Columbus, Ohio.
* 07/2010-06/2011: Research Fellow, Albert Einstein College of medicine, NYC, NY, work on NIH funded multicenter, national research project on testosterone replacement in older men.

**Publications:**

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| * Nesreen A Saadeh, Rami A Saadeh, Ashraf O Oweis, Saeed Alghamri. [Relationship of Vitamin D Deficiency to Glycemic Control in Type 2 Diabetes Mellitus](javascript:void(0)). Jordan Medical Journal 2019; 53 (1) |  |  |
| * Nesreen Saadeh, Mahmoud A Alfaqih, Haneen Mansour, Yousef S Khader, Rami Saadeh, Ahmed Al‑Dwairi, Mohamad Nusier. [Serum homocysteine is associated with polycystic ovarian syndrome in Jordan](javascript:void(0)). Biomedical reports 2018; 9 (5), 439-445 |  |  |

* Khaled A Obeidat, Nesreen A Saadeh, Anas As’ad, Sohail Bakkar. [Successful management of Hypothyroidism in Gastric Outlet Obstruction Using Levothyroxine Rectal Enemas: A Case Report](javascript:void(0)).The American journal of case reports 2018; 19, 903

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| * Mahmoud A Alfaqih, Zaina Abu-Khdair, Rami Saadeh, Nesreen Saadeh, Ahmed Al-Dwairi, Othman Al-Shboul.[Serum branched chain amino acids are associated with type 2 diabetes mellitus in Jordan](javascript:void(0)). Korean journal of family medicine 2018; 39 (5), 313  |  |  |  | | --- | --- | --- | |  |  |  | |  |  |

* [Banihani SA](http://www.ncbi.nlm.nih.gov/pubmed/?term=Banihani%20SA%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Makahleh SM](http://www.ncbi.nlm.nih.gov/pubmed/?term=Makahleh%20SM%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [El-Akawi Z](http://www.ncbi.nlm.nih.gov/pubmed/?term=El-Akawi%20Z%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Al-Fashtaki RA](http://www.ncbi.nlm.nih.gov/pubmed/?term=Al-Fashtaki%20RA%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Khabour OF](http://www.ncbi.nlm.nih.gov/pubmed/?term=Khabour%20OF%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Gharibeh MY](http://www.ncbi.nlm.nih.gov/pubmed/?term=Gharibeh%20MY%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Saadah NA](http://www.ncbi.nlm.nih.gov/pubmed/?term=Saadah%20NA%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Al-Hashimi FH](http://www.ncbi.nlm.nih.gov/pubmed/?term=Al-Hashimi%20FH%5BAuthor%5D&cauthor=true&cauthor_uid=25223711), [Al-Khasieb NJ](http://www.ncbi.nlm.nih.gov/pubmed/?term=Al-Khasieb%20NJ%5BAuthor%5D&cauthor=true&cauthor_uid=25223711). Fresh pomegranate juice ameliorates insulin resistance, enhances β-cell function, and decreases fasting serum glucose in type 2 diabetic patients. [Nutr Res.](http://www.ncbi.nlm.nih.gov/pubmed/?term=Fresh+pomegranate+juice+ameliorates+insulin+resistance%2C+enhances+%CE%B2-cell+function%2C+and+decreases+fasting+serum+glucose+in+type+2+diabetic+patients) 2014 Oct; 34(10).
* [Laith N. Al-Eitan](https://www.ncbi.nlm.nih.gov/pubmed/?term=Al-Eitan%20LN%5BAuthor%5D&cauthor=true&cauthor_uid=28133689),  [Ahmad M. Nassar](https://www.ncbi.nlm.nih.gov/pubmed/?term=Nassar%20AM%5BAuthor%5D&cauthor=true&cauthor_uid=28133689), [Rana B. Dajani](https://www.ncbi.nlm.nih.gov/pubmed/?term=Dajani%20RB%5BAuthor%5D&cauthor=true&cauthor_uid=28133689), , [Basima A. Almomani](https://www.ncbi.nlm.nih.gov/pubmed/?term=Almomani%20BA%5BAuthor%5D&cauthor=true&cauthor_uid=28133689), [Nesreen A. Saadeh](https://www.ncbi.nlm.nih.gov/pubmed/?term=Saadeh%20NA%5BAuthor%5D&cauthor=true&cauthor_uid=28133689). Diabetes mellitus in two genetically distinct populations in Jordan. A comparison between Arabs and Circassians/Chechens living with diabetes. [Saudi Med J](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5329628/). 2017 Feb; 38(2): 163–169
* MJ Alkhatatbeh, KK Abdul-Razzak, LQ Khasawneh, NA Saadeh. [High prevalence of vitamin D deficiency and correlation of serum vitamin D with cardiovascular risk in patients with metabolic syndrome](javascript:void(0)). Metabolic syndrome and related disorders 2017 Jun; 15 (5), 213-219
* MJ Alkhatatbeh, KK Abdul‑Razzak, LQ Khasawneh, NA Saadeh. [Prevalence of musculoskeletal pain in association with serum 25‑hydroxyvitamin D concentrations in patients with type 2 diabetes mellitus](javascript:void(0)). Biomedical reports 2018; 8 (6), 571-577

## [Laith N.AL-Eitan](https://www.sciencedirect.com/science/article/pii/S1499267115300812" \l "!),[Ahmad M.Nassar](https://www.sciencedirect.com/science/article/pii/S1499267115300812#!),[Nesreen A.Saadeh,](https://www.sciencedirect.com/science/article/pii/S1499267115300812#!)[Basima A.Almomani](https://www.sciencedirect.com/science/article/pii/S1499267115300812" \l "!). Evaluation of Glycemic Control, Lifestyle and Clinical Characteristics in Patients with Type 2 Diabetes Treated at King Abdullah University Hospital in Jordan. [Canadian Journal of Diabetes](https://www.sciencedirect.com/science/journal/14992671" \o "Go to Canadian Journal of Diabetes on ScienceDirect). 2016 Dec; 40 (6) 496-502

* [Mohammad J Alkhatatbeh](https://www.ncbi.nlm.nih.gov/pubmed/?term=ALKHATATBEH%20MJ%5BAuthor%5D&cauthor=true&cauthor_uid=27123261), [Nehad M. Ayoub](https://www.ncbi.nlm.nih.gov/pubmed/?term=AYOUB%20NM%5BAuthor%5D&cauthor=true&cauthor_uid=27123261), [Nizar M. Mhaidat,](https://www.ncbi.nlm.nih.gov/pubmed/?term=MHAIDAT%20NM%5BAuthor%5D&cauthor=true&cauthor_uid=27123261) [Nesreen A. Saadeh](https://www.ncbi.nlm.nih.gov/pubmed/?term=SAADEH%20NA%5BAuthor%5D&cauthor=true&cauthor_uid=27123261), and [Lisa F. Lincz](https://www.ncbi.nlm.nih.gov/pubmed/?term=LINCZ%20LF%5BAuthor%5D&cauthor=true&cauthor_uid=27123261). Soluble cluster of differentiation 36 concentrations are not associated with cardiovascular risk factors in middle aged‑ subjects. [Biomed Rep](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4840581/). 2016 May; 4(5): 642–648.
* LN AL-Eitan, BA Almomani, AM Nassar, BZ Elsaqa, NA Saadeh. [Metformin pharmacogenetics: effects of SLC22A1, SLC22A2, and SLC22A3 polymorphisms on glycemic control and HbA1c levels](javascript:void(0)). 2019; Journal of personalized medicine 9 (1), 17
* Laith N AL-EITAN, Basima A. ALMOMANI, Nesreen A. SAADEH, Hatem A. AMAN. A Case-Control study for Genetic Susceptibility Genes of Type 2 Diabetes with History of Obesity in Jordanian Population of Arab Descent. International Journal of Biological and Medical Science 2016; 1(1): 21-24
* Nahla Al-Bayyari, Nesreen Saadeh, Raed Hailat, Safaa Al-Zeidaneen. Assessment of atorvastatin effect on body weight and blood glucose levels among diabetic and non-diabetic patients. **Romanian Journal of Diabetes Nutrition and Metabolic Diseases 2017; 24(3)**
* SA Banihani, RA Fashtaky, SM Makahleh, ZJ El‐Akawi, OF Khabour, Nesreen A Saadeh. [Effect of fresh pomegranate juice on the level of melatonin, insulin, and fasting serum glucose in healthy individuals and people with impaired fasting glucose](javascript:void(0)). Food Science & Nutrition 2020; 8 (1), 567-574
* Fadia Mayyas, Nesreen Saadeh, Kusai Al-Muqbel, David R Van Wagoner. [Plasma endothelin-1 levels are increased in atrial fibrillation patients with hyperthyroidism](javascript:void(0)). PloS one 2018; 13 (12)
* MJ Alkhatatbeh, SA Smadi, KK Abdul-Razzak, NA Saadeh. [High prevalence of vitamin D deficiency and correlation with cystatin-C and other cardiovascular and renal risk biomarkers in patients with type 2 diabetes mellitus complicated with hypertension](https://europepmc.org/article/med/32416695). Current Diabetes Reviews 2020;
* Nesreen A Saadeh, Ola Y Al-Azzeh, Yousef S Khader. [Biphasic human insulin 30 thrice daily, is it reasonable?](https://bmcresnotes.biomedcentral.com/articles/10.1186/s13104-020-05090-6) BMC Research Notes 2020
* Nesreen Saadeh, Rami Saadeh, Liqa A Rousan, Dalia Rawashdeh, Aya Obeidat, Abdullah Saadeh. Biochemical and ultrasound characteristics of Subclinical Hypothyroid Patients in north of Jordan: who was treated? International Journal of General Medicine 2020

Accepted abstracts for presentation at international conferences

* “BIPHASIC ISOPHANE INSULIN 30/70 THRICE DAILY, IS IT REASONABLE?”, AACE 2016

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| * **“**[Admission Serum Blood Glucose and Hemoglobin A1c Levels Strongly Correlate with the Need for Insulin Treatment in Patients Receiving High Dose (HD) of Methylprednisolone (MP) Treatment for Multiple Sclerosis Exacerbation](http://www.abstracts2view.com/endo/view.php?nu=ENDO11L_P3-456)”, ENDO 2011. * A LARGE PAPILLARY THYROID CARCINOMA PRESENTING AS A TOXIC NODULE”, AACE 2011 | | |
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**Examination and Certificates:**

* Jordanian Board of Endocrinology and Diabetes, 2012
* Specialty Certificate Examination of Endocrinology of the Royal College of Physicians, 2012.
* Research fellowship certificate, Albert Einstein college of medicine, 2011
* Endocrinology Fellowship Certificate, Wayne State University, 2010
* ECFMG certificate 2007
* Jordanian Board in Internal Medicine, 2006.
* Higher Specialty Degree in Internal Medicine, 2006.
* Part I MRCP, 2006. MRCP II 2012
* Part I PLAB exam, 2005.
* IELTS exam, 2005. Score 8.
* Unrestricted license to practice medicine in Jordan, 2002, license# 12365.

**Teaching responsibilities:**

* Co-advisor of master students in Medical Laboratory Science, Pharm D, and public health 2013, 2015, 2017, 2020
* Course coordinator for M373; years 2012 and 2013.
* 2nd yr. medical students; endocrine system; 2011-2018.
* 4th and 6th year medical students on weekly basis, 2011-to date.
* Participating in residents’ teaching activities.
* Coordination of endocrine fellows’ weekly activities.

**Scientific Activities**

* Participated in diabetes awareness campaigns in local community 2012- to date
* Participated in educational activities by JMA for interns and general practitioners in Irbid 2012- to date
* Participated as an examiner in Jordanian board exam of Internal Medicine; 2017-2019
* Participated as an examiner in Jordanian board of Endocrinology, Sep. 2019

**Conferences:**

* The Endocrine’s Society annual meeting; ENDO 09 in Washington, D.C., June 2009.
* The 4th Congress of the Jordanian Society of Endocrinology, Diabetes & Metabolism (JSED), Amman, May2013.
* European Association for the Study of Diabetes, Vienna, 2014.
* The 5th Congress of the Jordanian Society of Endocrinology, Diabetes & Metabolism (JSED), Amman, May2017
* IDF-MENA Region Conference on Diabetes and Nutrition 3-5 APRIL 2019. Le Royal Hotel Amman, Jordan
* Annual conference of faculty of Medicine at Jordan University of Science and Technology 2012- 2019

**Educational grants:**

* AACE (American Association of Clinical Endocrinology) endocrine university; March 2010

**Memberships:**

* The Endocrine Society
* [AACE **-** American Association of Clinical Endocrinologists](http://www.aace.com/)
* Jordan Medical association
* The Jordanian Society of Endocrinology, Diabetes & Metabolism (JSED)

**References**

**Abdul Abou-Samra, MD, PhD**

Professor in Medicine

Chief of division of endocrinology

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